## Gower Weekend Trip - TT16





**Dates:** Fri 17<sup>th</sup> – Sun 19<sup>th</sup> June / end 8<sup>th</sup> week **Depart:** 6:15pm from Trinity gates

**Return:** late Sunday evening **Cost:** £76

## **Contacts:**

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**About the Gower Peninsula:** Gower was the first Area of Outstanding Beauty designated in the UK. It is a peninsula along the south coast of Wales. It will be unforgettable experience exploring Gower's stunning limestone coastline, scenic beaches and rolling downs, giving us two days of fantastic coastal walking to look forward to.

**Equipment:** You will need a worn in pair of walking boots and a comfy rucksack. Though we're hoping for sun, come prepared for all weather conditions. A waterproof jacket and trousers are a must. Bring sunscreen too. You will need a sleeping bag OR a duvet cover (you can borrow a sleeping bag from the club on request). A full equipment list will be circulated to participants.

**Food:** Unlike most weekend trips, we will NOT stop for a meal along the way on Friday evening, so come to the minibus having eaten or with sandwiches. Sunday evening on the way back, we will stop for food at a pub or services, so bring money for this. The trip includes these meals: breakfast and lunch on Saturday and Sunday and dinner on Saturday night, which we will cook together.

**Accommodation and walks:** we will stay at Eastern Slade Barn, a comfortable bunkhouse just inland from the sea and the coastal path. Our walks are likely to be a mix of coastal cliffs, beaches and inland downs. Highlights in the area include Worms Head, Rhossili Bay and Three Cliffs Bay.

**Membership:** As with all OUWC trips, you must be a member of the club to be allocated a place. We are only able to offer refunds on trips if we are able to fill the vacated place. There is a balloting procedure for oversubscribed trips.